

# Incentive Awards

## Parental Information



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### The Programme

The Incentive Award programme has been developed by GymSports NZ for member clubs and member gymnasts. As a member of a gymsports club, your child has access to this programme and is able to prepare and sit for the awards.

The Programme itself is divided into four GymSports codes – Artistic, Trampoline, Rhythmic and Aerobics with each code having seven levels.

At Porirua GymSports we offer Incentive Awards for Artistic and Trampoline.

Each level is divided in four sections:

- Conditioning (3 compulsory sections)
- Skills Set 1 (3 sections, must select 2)
- Skills Set 2 (3 sections, must select 2)
- Routines (3 compulsory sections)

The conditioning and skills needed to learn and master each level are covered during each class. Additionally, coaches will take into consideration what skills and conditioning are needed for the next level up and these are integrated into each class also.

### Coach Evaluation

At the end of each class, time is allowed for evaluation and feedback for each child. Coaches will provide a constructive comment and award a blue, silver, red or gold star depending on that child's performance during the class.

Coaches will regularly inform the head coach about each child's progress and their readiness to sit their badge. At Porirua GymSports we will invite gymnasts to sit their badge when we assess that they have a high probability of passing.

All parents are welcome to ask questions of your child's coach directly or via the senior coach for the day in regards to their child's progress.

## Assessment

Incentive Awards (or badge sitting) are tested by qualified GymSports NZ judges. As Porirua GymSports has these judges as members of the club, the testing is done in-house by judges that do not coach these gymnasts.

A testing day will be determined and the appropriate gymnasts will be invited. A small cost is associated with the testing and the award of the certificate and badge.

To pass a level, a gymnast must achieve 75% (75/100 points).

An optional "Passport" is available for purchase by each participant, to record their progress and achievements and enable reliable record-keeping.

