

Preschool News

Term 1, 2019

All classes are for preschool children only.

Parents and caregivers need to partake with their child.

Welcome

Thanks for attending our preschool programmes over the year – it has been a pleasure working with your little ones and watching them challenging themselves and growing in confidence – from Baby Gym sessions then Tiny Movers then through to Kindy Gym. It's the end of the term on Friday 21 December and in that week we will run the Christmas music and have a few surprises.

We'd like to take this opportunity to wish you all a safe and happy Christmas and holiday season.

Lily, Jo, Sickan and Lynda

Term dates

Term 4 ends: Friday 21 Dec

Term 1

Monday 11 Feb to Friday 12 April

No session date: Friday 1 March

Connect with us

Lynda McAndrew
Phone 04 237 3556
Email lynda.mcandrew@porirua.govt.nz

Inbox

Would you like the latest newsletter emailed to you? Call or email Lynda McAndrew.

mTXT service

Want to know when a Kindy Gym session is cancelled? Phone Lynda McAndrew to register and you'll receive a text to let you know.

Got a suggestion?

Please contact Lynda McAndrew.

Great website

Check out toddlerintow.co.nz for some great parenting tips.

Baby Gym

For babies beginning to crawl, crawling and early walkers

A fun session for parent and child to explore the wonderful world of movement and music together. Registrations are required.

Monday 11, 18 & 25 February	11.15am-12pm	3 sessions	\$21 per child
Tuesday 19 & 26 February, 5 March	11.15am-12pm	3 sessions	\$21 per child
Tuesday 26 March, 2 & 9 April	11.15am-12pm	3 sessions	\$21 per child
Wednesday 13, 20 & 27 March	11.15am-12pm	3 sessions	\$21 per child

This 45 min session has music and movement with ball handling, an obstacle course with slopes, tunnels, and a sensory mat with different textures to experience and

challenge the little ones. All classes are held at Te Rauparaha Arena. To find out more or to register, contact Lynda McAndrew or phone reception.

Tiny Movers

Aimed at preschoolers aged 1 year (walking) to 2 years

A class in between Baby Gym (our littler crawlers) and Kindy Gym (our confident "running around" children). Regular casual class, no registration required, \$5 per child or use your concession card.

Thursday	11am-12pm
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Tiny Movers is for the beginner walker to support their milestone of walking, stability on their feet, learning to listen and take action

on instructions, interaction with other children and have loads of fun in a group environment with their caregiver. A quieter class, this gives the children a good grounding before entering a busy Kindy Gym session.

Kindy Gym

For children aged from 1 year (walking) to 4 years

A 60 min programme of movement and exercise, confidence building, socialising skills and education. No registration required, \$5 per child. Concession cards (10 trip) \$40.

Monday to Friday	9.30-10.30am
Monday	1.30-2.30pm
Friday	11am-12pm
Weekend sessions for term:	
Sunday 17 March &	9.30-10.30am
Saturday 30 March	

Preschool Kindy Gym classes are designed to have both structured



play and free-play. Interactive games, dancing and songs are all part of this session, along with obstacle courses specifically for preschool children – challenging and fun. Any child that attends this class, and is walking, will need to pay. Check our website closer to the session for any cancellations at terauparaha-arena.co.nz – under preschool programmes.

Dash Swim School News

Term 1, 2019

Welcome

Hello Dash families!

The summer holidays are fast approaching and hopefully we will all get lots of time to spend in and around the water. Make sure to remember all those water safety skills you have learnt.

We're almost at the end of term 4, so now's the time to get in early and book for term 1. This will save the hassle of having to do it when you come back from the holidays, or missing out on the time or day you want.

We thank all of you who were with us in term 4 and look forward to seeing you in the coming new year, along with some new faces!

Dash Swim School Team
Wendy, Laura & David

Important dates

Term 1 starts

Monday 28 January

Waitangi Day

Wednesday 6 February
(public holiday – no lessons)

Week 8 Water Safety Week

Monday 18 to Saturday 23 March

Prize giving

Saturday 23 March

Term 1 ends

Saturday 13 April

Points of interest

mTXT service

Want to know when a Dash Swim School session is cancelled? Email david.mote@porirua.govt.nz with your full name and mobile number so you can receive a text for any cancellations or updates on special events/promotions.

Holiday programme

Our holiday programme will run from 22–25 January

Details can be found at the front counter at Cannons Creek Pool, the Te Rauparaha Arena Facebook page [fb.com/terauparahaarena](https://www.facebook.com/terauparahaarena), or by calling 04 237 1518.

Teen Swim Fit

Lessons focus on improving teens' fitness as well as skill.

A great idea for those wanting to get active or get in the pool to boost their current fitness to the next level.

Term 1: \$148.50
11 lessons, 1 hr long

Thursdays 5.30–6.30pm

We're pushing for a big turn out in 2019! We've had teens from around the Wellington region joining in and enjoying both the social interaction and our instructor's creativity. Stay for as long or as little as you like during the class – everyone needs to start somewhere and varying fitness levels is something we cater for.

New & leaving staff

Mel has been part of the Dash family for several years and it is hard to believe that such a vital member of the Dash family is leaving. We would like to congratulate Mel in her next role, and we wish the best for her future endeavours.

Mahina, our Saturday babies instructor, will be moving on to pastures new at the end of term 4. We wish her well in her career change.

Kerry, another long-serving team member of staff, is moving on from Dash. Kerry has a new role in a different area of Council and we wish him the very best.

He is a highly regarded swim instructor and we are glad he has made sure to pass his knowledge on to our other instructors.

Water Safety term 1

Term 1, 2019

18–23 March

Water Safety Week is running during week 8 of each term. These water safety sessions involve the parents too, so we'd like to remind you all to bring a pair of togs along and be sure to jump in during these lessons.

Unpaid fees

Thanks to everyone who has paid their Dash Swim School fees. This is a friendly reminder as term 4 unpaid fees are now overdue. Non-payment of fees may result in your child being withdrawn from lessons until the outstanding amount is paid.

New faces in the pool this term:

Sophie loves being in the water and is a strong, confident swimmer. She is passionate about sharing this love of swimming to our swimmers. As well as working at Dash, she is training to become a nurse.

Abi comes from a competitive swimming background and is loving passing on her skills and knowledge to students. Out of the pool Abi will be studying fashion at university.

Harris swims and competes with Titahi Bay Surf Lifesaving Club. He is bringing his open water skills to the pool and is really enjoying the variety being in a pool environment allows.

Brody is very versatile and is teaching many of the Dash Swim School levels as well as working with our schools programme.