

Preschool News

Term 1, 2020

All classes are for preschool children only.

Parents and caregivers need to partake with their child.

Welcome

This year just flew by, didn't it? We thank all our customers for their attendance at our preschool programmes and hope you have seen your little ones grow in ability and confidence. Sadly, Katerina is moving on to further her career and we wish her the best.

We hope you all have a safe and happy Christmas and holiday season.

Jo, Sickan, Katerina and Lynda

Term dates

Term 4 ends

Friday 20 December

Term 1

Monday 10 Feb to Friday 9 April

No session date

Thursday 12 March & Friday 13 March, Wednesday 18 March & Thursday 19 March, Tuesday 7 April & Friday 10 April (Good Friday)

Connect with us

Lynda McAndrew
Phone 04 237 3556
Email lynda.mcandrew@porirucity.govt.nz

Inbox

Would you like the latest newsletter emailed to you? Call or email Lynda McAndrew.

mTXT service

Want to know when a Kindy Gym session is cancelled? Phone Lynda McAndrew to register and you'll receive a text to let you know.

Got a suggestion?

Please contact Lynda McAndrew.

Great website

Check out toddlerintow.co.nz for some great parenting tips.

Baby Gym

For babies beginning to crawl, crawling and early walkers

A fun session for parent and child to explore the wonderful world of movement and music together. Registrations are required.

Wednesday 4, 11, 25 March	11.15am-12pm	3 sessions	\$21 per child
Monday 23, 30 March & 6 April	11.15am-12pm	3 sessions	\$21 per child

This 45 min session has music and movement with ball handling, an obstacle course with slopes, tunnels, and a sensory mat with different textures to experience and

challenge the little ones. All classes are held at Te Rauparaha Arena. To find out more or to register, contact Lynda McAndrew or phone reception.

Tiny Movers

Aimed at preschoolers aged 1 year (walking) to 2 years

A class in between Baby Gym (our littler crawlers) and Kindy Gym (our confident "running around" children). Regular casual class, no registration required, \$5 per child or use your concession card.

Thursday	11am-12pm
----------	-----------

Tiny Movers is for the beginner walker to support their milestone of walking, stability on their feet, learning to listen and take action on instructions, interaction with other children and have loads of fun in a group environment with their caregiver.

A quieter class, this gives the children a good grounding before entering a busy Kindy Gym session.

Kindy Gym

For children aged from 1 year (walking) to 4 years

A 60 min programme of movement and exercise, confidence building, socialising skills and education. No registration required, \$5 per child. Concession cards (10 trip) \$40.

Monday to Friday	9.30-10.30am
Monday	1.30-2.30pm
Friday	11am-12pm

Weekend sessions for term:

Saturday 7 March	9.30-10.30am
------------------	--------------

Preschool Kindy Gym classes are designed to have both structured play and free-play. Interactive games, dancing and songs are all part of this session, along with obstacle courses specifically for preschool children - challenging



and fun. Any child that attends this class, and is walking, will need to pay. Check our website closer to the session for any cancellations at terauparaha-arena.co.nz - under preschool programmes.

Dash Swim School News

Term 1, 2020

Welcome

Hello Dash families!

During the past 3 weeks our water safety team have been hard at work designing a programme better than ever before.

This water safety week will be running from the 2 to 7 December.

We are excited to announce that this term's water safety will be designed around nature disasters and how to deal with situations when in

water. Our programmes range from learning about Kaimoana to river crossings and submersion. A big thanks to our local EOC (Emergency Operation Centre) and MPI (Ministry of Primary Industries) for helping us and giving resources.

Don't forget our prize giving on 7 December where we can celebrate everyone who has moved up with fun, games and a sausage sizzle.

Dash Swim School Team

Laura, Craig, Matt and the team.

Important dates

Term 4 ends Saturday 14 Dec

Term 1 Monday 3 February to Saturday 11 April

Waitangi Day

6 February (no lessons)

Week 8 Water Safety Week

Monday 23 to Sat 28 March

Prizegiving

Saturday 28 March

Points of interest

mTXT service

Want to know when a Dash Swim School session is cancelled? Email craig.heberley@porirua.govt.nz with your full name and mobile number so you can receive a text for any cancellations or updates on special events/promotions.

Water Safety Week

Water Safety Week will run from 23–28 March

Water Safety week runs during week 8 of each term. These water safety sessions involve the parents too, so we'd like to remind you all to bring a pair of togs along and be sure to jump in during these lessons.

Teen Swim Fit

Lessons focus on improving teens' fitness as well as skill.

A great idea for those wanting to get active or get in the pool to boost their current fitness to the next level.

Term 1: \$135 10 lessons, 1 hr long

Thursday 5.30–6.30pm

We're pushing for a big start to 2020! We've had teens from around the Wellington region joining in and enjoying both the social interaction and our instructor's creativity.

Stay for as long or as little as you like during the class – everyone needs to start somewhere and varying fitness levels is something we cater for.

Unpaid fees

Thanks to everyone who has paid their Dash Swim School fees.

This is a friendly reminder as term 4 unpaid fees are now overdue. Non-payment of fees may result in your child being withdrawn from lessons until the outstanding amount is paid.

If you have any questions or concerns email matt.lloyd@porirua.govt.nz

Adult lessons

Lessons that allow everyone to have a chance to learn to swim at any age.

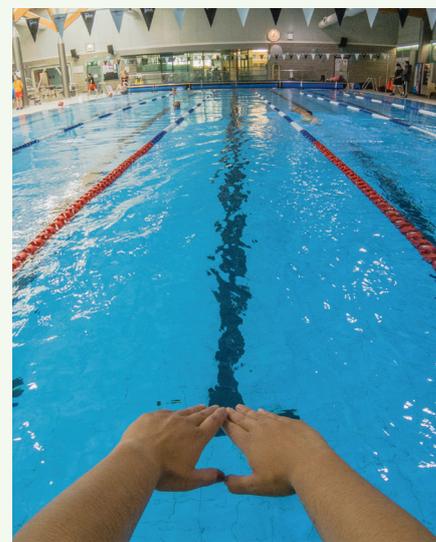
These lessons are designed for adults to learn and advance their skills and confidence in the water.

Term 1: \$135 10 lessons

Beginners: Tuesday & Thursday 6–6.30pm

Advanced: Wednesday 6–7pm

Our beginners classes are mostly focused on giving adults water confidence so they can enjoy being in the water with their kids. The classes are flexible so they can be catered to the needs of the individual.



Rebooking for term 1

Booking is open. Email info@dashswimschool.co.nz to rebook.

Current spaces are only held for a short time so make sure you speak to our staff as children are not automatically re-enrolled for the next term. Term 1 is 10 weeks, so costs \$135.