

Kindy Gym visits (at our place)

June 2020



Looking for ideas for local trips for your kindy or organisation? Are you currently doing your health curriculum? A trip to Te Rauparaha Arena to attend a special Kindy Gym session is an option – it's full of fitness, learning and fun for children.

Our regular Kindy Gym classes have been running for more than 27 years, with thousands of preschoolers coming through the doors and over the equipment each year. These popular classes are also available to your preschool group exclusively on certain days and at certain times (around our regular sessions and bookings).

Kindy Gym classes consist of 30 minutes with the instructor doing a variety of activities, including warmup, songs, games, parachute, dancing and more. The second half of the class is where the children get free time to spend on the equipment which has been specially set up for this preschool age group. At this time, we also make available balls, hoops, t-ball stands and bats and mini basketball hoops.

Length of Kindy Gym visit class: 1 hour	Age: 1 year (walking) – 4 years old
Cost of class: \$135.00 minimum charge (maximum 33 children – more than this will incur additional cost of \$4 per extra child). This cost includes paying for an instructor, equipment and the gymnasium	
Days available: Monday–Wednesday. Time to be arranged (around our regular sessions)	

Regular term classes

Our regular sessions are listed below and your special visit will need to be organised around our regular session times:

Monday–Friday 9.30–10.30am	Monday 1.30–2.30pm
Thursday 11am–12 noon (Tiny Movers)	Friday 11am–12 noon

Bookings are essential. We will book a specific day/time for your group. We ask that you do not attend our regular public sessions as this will overload our class numbers. Some days may not be available due to special programme bookings.

For more information or to book please contact Lynda McAndrew on 04 237 3556 or email lynda.mcandrew@porirua.govt.nz